



Review of Day Care Services, Older People

Social Work Services - Keeping You Informed

February 2016

Introduction

Fife Council has been undertaking a Review of Day Care Services for Older People to consider how best we deliver services in Fife in the future.

Our aim is to improve and modernise services, and we now want to update you on the work that has been done already.



Louise Bell, Service Manager, Residential & Day Services, Older People

Consultation and Engagement

During 2015, we talked to other Local Authorities, our partners in Health and Voluntary Sector groups to see what types of services they provided for older people.

We consulted with service users, their families, carers and staff and you may have filled in one of our questionnaires.

We also carried out a number of Focus Groups with older people around Fife to ensure we were able to gather the views of as many people as possible.

44% of service users, 40% of staff, and 29% of family and carers responded to our survey provided us with their views on existing services and what we should be doing in the future.

What You Told Us

Existing Services:

You told us you are very happy with the services you receive and the staff who work with you.

We are proud of the services we provide and will make sure services continue to be of a high standard and meet your needs.

What You Like to Do:

You like the activities that are provided that make you think, like quizzes, anagrams, reminiscence groups, discussions and talks.

Everyone likes to engage in some sort of fun physical activity that suits their ability. Lots of people said they enjoy dancing, light exercises and carpet bowls.

We need to make sure these types of activities are available for people of all abilities.

What You Miss Doing:

You said that bus trips, outings and holidays are things that you missed doing and would still like to do if you could. Lots of people said they would still like to do things like go swimming, fishing and football.

We need to look at how we modernise services to make sure you can still do these types of things as you get older.

What Stops You Doing Things:

Health problems and disability is the main reason you are no longer able to do things you want.

This means we need to work harder to make things easier for people who have disabilities to do what they want to do.

What You Want to Do:

A lot of you told us you would just like to be able to do the things you have always done throughout your adult life, but maybe need a little bit of support to do this.

Here are some of your comments:

"I would prefer if these (services) were centred around my own home and surroundings."



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Keeping you Up to Date

A report has been written on the result of the Review and this will be presented to Fife Council for consideration in March 2016.

Once the report has been considered, we will let you know of any decisions that have been taken about the future shape of Day Services for Older People in Fife.

If you have any questions, please contact:

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