



Get Connected

Spring has finally sprung (well just) and our April edition brings you another swathe of activity across the Partnership.

Our 'Creating Healthy Communities' events have kick started and I was delighted to attend and see so many people get involved.

As promised I am keen to keep you informed of key decisions being made at the IJB. I sent an email to all staff at the time and this bulletin is another opportunity to ensure you are all kept informed.

On the 23 March, Board Members approved a Revenue Budget of £475m for 2017/18 and a package of measures to support the delivery of health and social care services across Fife.

The decision will help us develop further models of care in the community. Importantly, Members noted examples of significant action being taken across the health and social care profession to help bring efficiencies and change the way we are working.

Check out the 'Spotlight on the IJB' section for an overview of events.

Finally, I encourage all of you to help support Fife's See Me Campaigns and take part in Alzheimer's Scotland's survey where we are working in partnership with them to help make Glenrothes 'Dementia Friendly'.



News

- Creating Healthy Communities Events
- IJB Update
- Chief Nursing Officer Visit
- Mental Health Matters
- Glenrothes 'Dementia Friendly'
- Community Hospitals Update
- Queens Award
- SDS News

Let's Connect with...Communities

The first of our 'Creating Healthy Communities' engagement events have been held with over 140 people attending. Click [here](#) to find out more.

Let's Connect with...IJB

Find out more about the decisions made and reports presented to the [IJB on 23 March 2017](#).

Chief Nursing Officer Visits Initiative for Young Parents

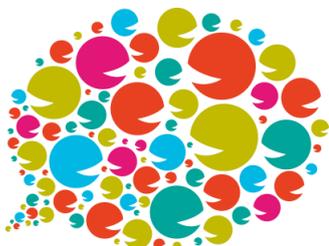


CNO Fiona McQueen (front, centre, left) and Helen Wright (front, centre right) with staff and clients

Scotland's Chief Nursing Officer, Professor Fiona McQueen, met with staff and young parents taking part in the Family Nurse Partnership programme, during a visit to Lynebank Hospital in Dunfermline.

Professor McQueen was given an overview of the development of the programme in Fife and heard from young parents about their experience of using the service. The Family Nurse Partnership is a nurse-led service which supports first-time young parents, building their confidence and helping them to make positive choices. Full details [here](#).

Mental Health Matters – Get Involved



One in four people in any year will experience a mental health problem. Nine out of ten people who have experienced a mental health problem report experiencing stigma and discrimination. We want to end stigma and discrimination in mental health in Fife. That is why the Partnership is leading on the three strands of the See Me national campaign: Pass the Badge; Walk a Mile; The Power of Okay.



Passing the badge to

Kathleen Queen, Support Officer

Pass the Badge invites people to wear a See Me Badge for a day and then pass it onto someone else to wear for the next 24 hours. When people pass on the badge they will share two facts:

- one in four people will experience some form of mental illness in their lifetime
- of those who do, 9 out of 10 report experiencing stigma and discrimination

Take part in the [Pass the Badge survey](#) today.

Walk A Mile – our Fife event took place on the 29th March at Stratheden Hospital and Silverburn Park, Leven. It was a great success. Thanks to everyone who came along in support.

The Power of Okay promotes that it is ok to ask someone how they are and that showing that you care can change someone's life. Check out the quirky but powerful video clip [here](#).

To request See Me badges and for further information contact Carolyn Walker on 03451 55 55 55 ext: 443015



Help make Glenrothes "Dementia Friendly"

We are working with Alzheimer Scotland and Fife Council partners to make Glenrothes a Dementia Friendly town. If you are living with, or caring for someone with dementia, Alzheimer Scotland want to hear from you.

We want to know:

Can you get out and about?

Do you feel part of your community?

Can you use shops and services?

Do you feel respected and safe in your community?

You can take part in the survey [here](#) or visit Alzheimer Scotland's [Facebook](#) page.

For more info contact Amanda Hunter on 01592 803 800 or e-mail ahunter@alzscot.org.

Click [here](#) for more information.



Scottish Government release Mental Health Strategy

The Scottish Government have released their new [10 year mental health strategy](#). The vision for the Mental Health Strategy is of a Scotland where people can get the right help at the right time, expect recovery, and fully enjoy their rights, free from discrimination and stigma. The Partnership will be working to support these aims.

Connecting with Community Hospitals



In our December bulletin we highlighted that Hospital Service Managers, Fiona MacKenzie and Karen Nolan, were hosting 24 drop in sessions for community hospital staff. Led by Lynn Barker, Primary Care Service Development Manager, this was to hear staff views on the use of beds across all six Community Hospitals in Fife and get their ideas about the future model of care. 113 staff attended in total with good representation from staff groups ranging from Senior Charge Nurse, Dietician, Domestic, Ward Clerk and Doctors. Thank you to all the staff who got involved and gave honest and open opinions about the future of services and what is needed to make partnership and integration work in Fife. This is invaluable. Thank you also to Simon Fevre who attended in his role as NHS staff side Co-Chair of the Local Partnership Forum (LPF). All the feedback is being collated into a report and shared with Community Hospital colleagues as well as the Senior Leadership Team. There is still much to discuss and will keep you in informed.

For more information contact lynnbarker@nhs.net

Gemma to Become 'Queen's Nurse'



Gemma MacDonald

Congratulations to Gemma MacDonald, Health Visitor, based at Rosewell Clinic, Lochore who is one of 20 community-based nurses selected by The Queen's Nursing Institute Scotland (QNIS) to join the first cohort of 21st century Queen's Nurses.

The new Queen's Nurses will take part in a nine-month programme, developing and honing their existing skills and capabilities to support new models of care to promote health improvement and local delivery of services.

On completion of the programme, which culminates in an awards ceremony in December, Gemma will be one of the first nurses to receive the title in Scotland for almost 50 years.

The [Spring 2017 SDS newsletter](#) is out now. As Self-Directed Support (SDS) has been rolled out across Fife over the last few years there are many people who are benefiting from its personalised approach. Care and support is tailored to the individual's personal goals and outcomes and we asked some of our service users and families to share their stories about how SDS has helped them.



Fife Cares service is one of a number of partnership initiatives designed to reduce unintentional injury within the home. Through this service Home Safety Advisers carry out visits to individuals and families within their own homes to offer advice on how to reduce the risk of injury in the home environment.

FREE home safety visits can be carried out and advice is aimed primarily at vulnerable residents and families with children under the age of 5 years. If your service would like to know more about how Fife Council's Safer Communities Team could support service users or for general advice on community safety issues please go online to: www.fifedirect.org.uk/communitysafety

Free Poverty Awareness Training – March to June 2017

Do you work with low income families? Courses are now available which cover a range of practical skills to help you recognise when someone has money worries and what you can do to help. Courses are open to all public and voluntary sector workers in Fife and are free to attend. E-learning courses are available now. Click [here](#) for more info.

Bridging the Gap: A University of Dundee Knowledge Exchange Event: 25/05/17 4.30pm

The School of Education and Social Work warmly invite local professionals from education, social work and CLD to an evening of collaborative discussion with University students and staff. Featured talks: Caroline McKenna (Dundee International Women's Centre), Selina Hales (Refuweegee), V&A Dundee and students and staff sharing their exciting research. Discussion will be followed by wine/refreshments and networking. Event registration: <https://uodbridgethegap.eventbrite.co.uk>