



Redesign of Day Services / Day Hospitals



Introduction

Following our last Newsletter in December 2016, work is now well underway, taking forward the redesign of Day Services and Day Hospitals.



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Glenrothes and Cowdenbeath/Lochgelly are the first areas where this work has begun to coincide with the opening of our new residential care homes in August and October this year. We are engaging with key stakeholders in each area and ensuring the most appropriate outcomes for older people to meet their needs. This has involved meetings with older people who are referred for a service to find out what

they used to do, and what they would like to do now, perhaps with support, to help them achieve their agreed outcomes. For example, we have found that some people would like to go swimming and cycling again, and we are working closely with Fife Sports and Leisure Trust to link people in to their range of Health Classes and activities, and develop opportunities to provide classes in different places. We are also linking in with Fife Cultural Trust who run events and activities in local libraries and museums of interest to older people, and the Local Area Coordinators from Fife Forum who have a wide knowledge of things for older people to do in each area. We have had some very good outcomes for people which has prevented the requirement for attendance at day care and kept people connected to their local community and enjoying activities that they want to do.

Glenrothes Day Hospital and Whitefield Day Hospital in Dunfermline are linking in with the redesign work in each of these areas to look at working in partnership to explore the possibilities of providing health clinics and therapies in different settings within communities.

Keeping you Up to Date

Day Services

Vivienne McBride, Change Manager – East Division, has been out and about catching up with Providers about their services, and finding out about other things that are going on in local communities, for example, activities for older people that take place in church halls, community centres and leisure centres, etc.

We held a Forum on 16th February 2017 for non local authority providers of day services. It was well attended and included workshops that considered the following issues:

- the barriers and limitations of current day services
- when do we need centre-based day services and when would community-based options be better?
- how can we support the development of local community groups to support choice and control for individuals?
- can you think of different ways to support older people to achieve their outcomes?
- how can we ensure we link people to the most appropriate service?

The information gathered will assist in planning future services to meet the needs of Older People.

Day Hospitals

A group of core staff across the partnership has now been identified to lead the Day Hospital redesign work and will be meeting over the next few months.

Vivienne has met with staff from Whitefield Day Hospital and took part in a Development Day with workshops that considered the following questions:

- step into a patient's shoes and identify everything that you would want to receive from a service in Whitefield Day Hospital.
- please list the things that work well in Whitefield Day Hospital and the things which are challenging?
- how should the service from Whitefield Day Hospital be delivered in relation to both the

patients' needs and your needs as team members?

Ideas and suggestions from the day will be used to develop the shape of Day Hospitals for the future. This will also help us to look at how Day Services and Day Hospitals can work in partnership.

Vivienne has also been involved in a Transportation Meeting held at Whitefield Day Hospital. The meeting was attended by Health and Social Care representatives, and the Scottish Ambulance Service, Fife Council – Demand Responsive Services and Voluntary Sector transport providers. The group explored the common issues and problems with transportation to services for older people across Fife.

Next Steps

Development Groups in Glenrothes and Cowdenbeath are considering the range of services in their area and working to redesign services and develop processes that will help us to direct older people to the most appropriate activities or services for their needs, and help them to achieve their outcomes.

We will be taking a further report to the Integrated Joint Board on 1/6/17 in relation to day services redesign and following this will update on future plans/timeline for redesign of day services across Fife.

If you have any questions, please contact:



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