

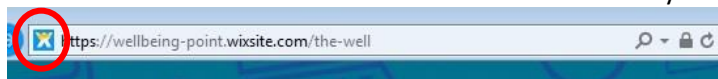
The Well - Wellbeing Point

<https://wellbeing-point.wixsite.com/the-well>

How to create a shortcut to the Wellbeing Point on your desktop



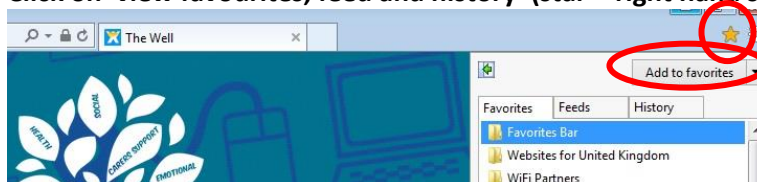
1. Click on the Wellbeing Point link:
<https://wellbeing-point.wixsite.com/the-well>
2. Minimise the window once the website has appeared.
3. Go to the left side of the internet address bar. Normally there is a little green symbol or image eg



Click and hold on this and drag onto the computer desktop to give you a shortcut to the wellbeing point.

How to set the Wellbeing Point as a website favourite on your internet browser

- Click on the Wellbeing Point link:
- <https://wellbeing-point.wixsite.com/the-well>
- Click on 'view favourites, feed and history' (star – right hand side)



- Click 'Add to favourites'
- Then click 'Add'

